



Mothers in Mind FREE Online Group

A private welcoming group just for mums.

Non-judgemental support for those who are feeling isolated, anxious, coping with mental health or struggling to deal with the stresses of motherhood.

Weekly sessions every Monday

If you are interested in joining us :

Please contact us

- groupshomestartsd@gmail.com

- Vanessa Reyes-Rieger 07411 718276

- www.homestartsd.org

- Facebook: Home-Start Stroud and Gloucester